

DEPARTMENT OF

PSYCHOLOGY

Welcome! We are pleased you have chosen to come to BYU-Idaho. We believe you have been guided by the Lord to come here. We are committed to providing you with a faith-based education that will allow you to serve the children of God. That education begins with the Psychology Department's commitment to the mission of BYU-Idaho, "to develop disciples of Jesus Christ who are leaders in their homes, the Church of Jesus Christ of Latter-day Saints, and their communities." We invite you to join us in our commitment to this mission and believe that by doing so you will be happier and more successful.

Because of our commitment to the mission of BYU-Idaho, each class will expose you to not only the foundations of psychological principles but also the foundations of spiritual learning. You will be invited to change, grow, and become disciples. We want you to be strong in your faith and successful in your major and career. As Elder Clark G. Gilbert said, "...in this Church, we believe in the divine potential of all of God's children and in our ability to become something more in Christ. In the Lord's timing, it is not where we start but where we are headed that matters most" (Liahona, Oct. 2021).

We are committed to giving you a solid foundation in research, theory, and application in order to adequately prepare you for life and to compete for career opportunities. It is also our purpose to help you build a strong testimony of Jesus Christ and His gospel, instill a desire for lifelong learning, and provide a quality education in the field of Psychology.



Yohan Delton

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Psychology major class considerations to complete as soon as possible to provide foundations:

- Psych 111 General Psychology [pre-requisite for almost all other psychology courses]
- Psych 112 Career Development in Psychology
- Math 221C Social Statistics
- Psych 302 Research Methods [Math 221C is a pre-requisite]

Emphasis Areas or Tracks

Although your degree will be listed as Psychology, the department has a few emphasis areas or tracks:

General Psychology:

- Explaining major concepts, theoretical perspectives, scientific findings, and historical trends in psychology.
- Apply analytical and collaborative skills in research design, data analysis, and interpretation.
- Demonstrate proficient written communication skills.,

Behavioral Interventions:

- Prepare for employment or further education and training in the areas of therapy, behavioral health, counseling, social work, psychology, or related fields.
- Develop problem-solving skills to create, implement, and evaluate intervention strategies for behavioral issues.
- Understand and apply evidence-based practices for behavioral change in individual, group, and organizational settings.

Health Psychology:

- Prepare for employment or further education and training (i.e., graduate school, medical school) within the fields of psychology, health science, medicine, or related fields.
- Think critically to answer questions regarding behavior and health.
- Acquire application skills related to making personal health behavior changes.

Industrial/Organizational Psychology:

- Prepare for employment or for further education in industrial organizational psychology, human resources, business management, humanitarian work, or related fields.
- Apply analytical and theoretical skills in research design, data analysis, and interpretation to help make the workplace human.

Have Questions?

Questions concerning your graduation plan should be directed to your Academic Advisor in the Manwaring Center 101 ; (208) 496-9850;

CEHDadvising@byui.edu

Questions concerning specific career goals are best answered by your assigned Mentor/Advisor in the department.

For a more in-depth information about our program, separate tracks, faculty, internships, planning your courses, preparing for graduate school, etc. please refer to our Student Handbook for Psychology Majors found online at: [Student Handbook](#)

BYU-Idaho Campus Map

Psychology classes are primarily held in the Ricks building.

