



DEPARTMENT OF

PSYCHOLOGY

Welcome! We are pleased you have chosen to come to BYU-Idaho. We believe you have been guided by the Lord to come here. We are committed to providing you with a faith-based education that will allow you to serve the children of God. That education begins with the Psychology Department's commitment to the mission of BYU-Idaho, "to develop disciples of Jesus Christ who are leaders in their homes, the Church of Jesus Christ of Latter-day Saints, and their communities." We invite you to join us in our commitment to this mission and believe that by doing so you will be happier and more successful.

Because of our commitment to the mission of BYU-Idaho, each class will expose you to not only the foundations of psychological principles but also the foundations of spiritual learning. You will be invited to change, grow, and become disciples. We want you to be strong in your faith and successful in your major and career. As Elder Clark G. Gilbert said, "...in this Church, we believe in the divine potential of all of God's children and in our ability to become something more in Christ. In the Lord's timing, it is not where we start but where we are headed that matters most" (Liahona, Oct. 2021).

We are committed to giving you a solid foundation in research, theory, and application in order to adequately prepare you for life and to compete for career opportunities. It is also our purpose to help you build a strong testimony of Jesus Christ and His gospel, instill a desire for lifelong learning, and provide a quality education in the field of Psychology.

3 Emphasis Areas or Tracks

Although your degree will be listed as Psychology, the department has three emphasis areas or tracks:

General Psychology: This is the "traditional" or default track where most of our majors reside. If you are not interested in our other two tracks, then this is the track you should select.

Health Psychology: This track is for those wanting to learn about health from an interdisciplinary perspective involving psychological, biological, behavioral and social principles.

Industrial/Organizational Psychology: This track is for those interested in the application of psychological principles to the workplace. This track is also interdisciplinary merging Psychology, Business, Communications, Health Science and other fields.



Students majoring in Psychology should give serious consideration to complete the following classes as soon as possible as they will provide the foundation for your major:

- Psych 111 General Psychology [pre-requisite for almost all other psychology courses]
- Psych 112 Career Development in Psychology
- Math 221C Social Statistics
- Psych 302 Research Methods [Math 221C is a pre-requisite]

Have Questions?

Questions concerning your graduation plan should be directed to your Academic Advisor in the Manwaring Center 101 ; (208) 496-9850;

CEHDadvising@byui.edu

Questions concerning specific career goals are best answered by your assigned Mentor/Advisor in the department.

For a more in-depth information about our program, separate tracks, faculty, internships, planning your courses, preparing for graduate school, etc. please refer to our Student Handbook for Psychology Majors found online at:

<http://www.byui.edu/psychology/resources>

BYU-Idaho Campus Map

Psychology classes are primarily held in the Ricks building.

